Congratulations on the purchase of your Smooth Moves Ultra boat seat suspension. The installation of this suspension can easily be done by following the step-by-step directions outlined below. In addition, please check out the installation video at www.smoothmovesseats.com

Your Smooth Moves Ultra Kit includes the following:

- Suspension with swivel attached
- Pedestal
- Seat Mounting Plate
- Hardware Bag with bolts, washers, and nuts

You will need a 7/16” socket wrench to tighten the bolts.

Preparing your existing seat and boat floor

1. Remove your seat cushion and the swivel and/or slide from your existing pedestal.
2. Remove the swivel and/or slide from the bottom of your seat cushion. Keep the bolts that attached the swivel to the bottom of the seat. You will need these bolts later in the instructions to attach the black mounting plate provided in the kit.
3. If you have a removable pedestal, remove it from the pedestal base.
4. Remove the pedestal base from the boat floor by removing the six screws around the base from the floor. Keep these six screws as you will need them later.

You are now ready to install your Smooth Moves Ultra.

Installing your Smooth Moves Ultra

5. Place the supplied pedestal over the hole where the pedestal base was that you removed in Step 4 above. If you have a pedestal that looks like the one in diagram 2, make sure that you have the notches on the top of the pedestal at your desired locking positions. There are three notches. You will want one in the forward position, one facing port side, and one facing the rear.

Next line up the holes of the pedestal with the holes in the floor. Using the six screws that you removed from the original pedestal base (Step 4) fasten the new pedestal to the floor.

6. Place the black mounting plate onto the bottom of your existing seat. Make sure that the four bushings (one in each corner) are facing away from the seat cushion. There are a series of slanted holes on the mounting plate that you will line up to the holes in the bottom of your seat to get the best fit for the plate. Using the bolts that you saved in Step 4, fasten your seat to the plate.
7. Mount your Smooth Moves Ultra to the pedestal by placing the swivel that is attached to the bottom of the Smooth Moves Ultra suspension over the pedestal that you mounted to your boat floor in Step 5. Tighten the swivel to the pedestal just tight enough to secure it but still allowing full 360 degree rotation.

8. Next attach the seat with the black mounting plate to the Smooth Moves Ultra suspension. Raise the black lever on the side of the rails and slide the suspension forward to expose the two holes on the end of the slide rail. Line up the bushings on the black mounting plate to the holes on the end of the slide rail. Using the bolts and washers provided in your Ultra Kit, place the two bolts through the two holes at the end of the slide rail and hand tighten to attach to the mounting plate. Slide the suspension the other direction and secure the other two bolts. When the bolts are hand tight slide the rails back and forth 4-5 times. Sliding the rails back and forth is necessary to square up the rails; ensuring a smooth slide. Once rails have been squared up, slide one end of the rails out just far enough to tighten the bolts with the socket wrench. Then carefully slide the rails the other way just enough to tighten the bolts on the other side. Check to ensure that the rails slide smoothly.

Adjusting Your Smooth Moves Ultra

1. Pulling the black lever at the top of the suspension out away from the suspension will allow you to slide the seat fore and aft.

2. The long gray handle on the suspension is for adjusting the seat to your body weight. You should adjust the tension so that when you sit on the suspension it gives just a little and compresses about ½ inch. You can increase tension by turning the gray handle clockwise and decrease tension by turning it counter clockwise. If you are in rough waters with large waves increase the tension to avoid having the suspension bottom out. You can decrease the tension when you are in lighter waves.

   Once adjusted, leave the handle in the horizontal position. This prevents it from harming the rubber boot. If the handle is pointed down in the vertical position it can pinch the rubber boot against the height adjustment knob and tear the boot.

3. The round gray knob at the bottom of the suspension is for adjusting height. It is easiest to adjust the height while sitting on the seat because it takes pressure off the springs and allows the knob to turn easier. Turn the knob counter clockwise to raise the seat and clockwise to lower.

4. The black lever at the very bottom of the seat is the locking mechanism for the swivel. Lifting up on it will unlock the swivel allowing the seat to turn.
**Maintenance:**
If you store your boat for winter or any length of time we recommend relieving the tension on the springs. This can be done by turning the long gray handle counter clockwise.

Once a year if your boat is in fresh water and twice a year if in salt water; we recommend lubricating the springs. This can be done through the holes on the top of the suspension (see photos below). You can reach these holes by sliding the seat all the way back and all the way forward. Use silicone or any other preferred lubricant. A spray can with a straw attached works the best to spray into the holes. Be careful not to over lubricate causing lubricant to run out the bottom.

**Reminders:**
After you have installed your suspension, adjust for your weight. When setting the tension for your weight a good starting point is to adjust the tension so that you feel the springs just start to give when you sit on the seat, compressing about ½ inch. Once adjusted turn the long gray handle to the horizontal position to protect the rubber boot.

When adjusting the height of the suspension, the height adjustment knob will turn hard due to the spring tension against it. Remember to put some weight on the seat and it will turn easier. By putting weight on it; it relieves some of the spring pressure against it. Remember that the lower the height of the suspension or the more compact it is, the less travel you will have.

If you are in big waves and start to feel the suspension bottoming out or if you are getting too much "rebound" action tighten up the spring tension by turning the long grey handle clockwise.

If you have any questions or comments please contact us by phone at 888-583-2701 or email us at customerservice@smoothmovesseats.com

**Thank you for purchasing Smooth Moves and Enjoy the Ride!**

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